

National Currency Watch 2026-06-12

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	7.4 mg	4.3%	11.8%	-19.0%	-55.1%
CAD	5.3 mg	3.8%	9.4%	-20.8%	-60.9%
EUR	8.6 mg	3.9%	9.8%	-19.1%	-57.1%
JPY	0.046 mg	4.2%	9.7%	-27.0%	-69.2%
CNY	1.10 mg	6.7%	13.6%	-14.1%	-57.4%

Digital Token Watch 2026-06-12

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	472.11 g	8.8%	-11.8%	-51.4%	-19.7%	
Ethereum (ETH)	12.37 g	9.9%	-18.2%	-49.2%	-68.2%	
Crypto Index (CCi30)	2,771.46 g	9.1%	-9.9%	-54.7%	-75.8%	

Bond Watch 2026-06-12

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.61 g	4.5%	11.6%	-19.4%	-53.5%
US 20+ Year (TLT)	0.64 g	5.2%	12.8%	-20.3%	-70.6%

Equity Watch 2026-06-12

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	380.46 g	5.0%	15.0%	-3.5%	-33.3%
S&P 500	55.22 g	5.0%	12.2%	-0.4%	-21.4%
Nikkei 225	3.06 g	3.3%	15.5%	26.2%	-29.8%
Euro STOXX (FEZ)	0.513 g	7.6%	16.9%	-7.5%	-37.0%
HUI	5.07 g	5.6%	-8.1%	30.2%	-0.2%

Commodity Watch 2026-06-12

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.631 g/bbl	-2.2%	-7.2%	1.1%	-46.2%
Platinum	12.65 g/oz	-3.2%	-10.0%	9.6%	-33.7%
Palladium	9.47 g/oz	2.9%	-4.0%	-2.2%	-79.5%
Silver	0.498 g/oz	-3.8%	-10.4%	50.1%	7.0%
Copper	47.8 mg/lb	7.1%	10.8%	8.1%	-36.3%
Coffee	19.1 mg/lb	8.8%	-2.5%	-40.1%	-26.6%
Cotton	5.42 mg/lb	3.1%	-5.6%	-9.3%	-62.3%