

National Currency Watch 2026-02-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	6.2 mg	-0.9%	-7.4%	-41.6%	-63.6%
CAD	4.6 mg	-0.2%	-5.6%	-38.9%	-66.1%
EUR	7.4 mg	-0.2%	-5.8%	-33.6%	-64.4%
JPY	0.041 mg	1.6%	-4.3%	-41.5%	-75.0%
CNY	.90 mg	-2.2%	-7.3%	-38.2%	-66.0%

Digital Token Watch 2026-02-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	428.66 g	-3.3%	-33.1%	-58.4%	-46.9%
Ethereum (ETH)	12.75 g	-1.6%	-42.9%	-55.3%	-59.6%
Crypto Index (CCI30)	2,540.44 g	-2.3%	-36.4%	-67.0%	-76.3%

Bond Watch 2026-02-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.52 g	-0.7%	-7.2%	-40.2%	-62.1%
US 20+ Year (TLT)	0.56 g	1.5%	-5.4%	-40.4%	-75.9%

Equity Watch 2026-02-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	308.24 g	-2.2%	-6.9%	-35.4%	-42.8%
S&P 500	42.57 g	-2.3%	-9.1%	-34.8%	-36.8%
Nikkei 225	2.32 g	6.7%	1.7%	-15.6%	-51.8%
Euro STOXX (FEZ)	0.421 g	-0.9%	-6.4%	-27.9%	-43.4%
HUI	5.09 g	0.4%	-5.2%	40.3%	4.5%

Commodity Watch 2026-02-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.392 g/bbl	-2.0%	-4.8%	-48.5%	-61.5%
Platinum	13.05 g/oz	4.2%	-17.5%	22.8%	-37.6%
Palladium	10.46 g/oz	0.4%	-17.0%	-0.6%	-74.1%
Silver	0.482 g/oz	2.2%	-16.6%	39.9%	3.9%
Copper	36.1 mg/lb	-2.1%	-10.2%	-29.1%	-44.4%
Coffee	18.7 mg/lb	0.2%	-22.9%	-60.1%	-9.9%
Cotton	3.87 mg/lb	0.8%	-11.4%	-45.8%	-74.1%