

National Currency Watch 2026-01-02

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	7.2 mg	4.3%	-3.4%	-39.0%	-56.5%
CAD	5.2 mg	3.9%	-1.4%	-35.9%	-59.6%
EUR	8.4 mg	4.1%	-2.2%	-30.1%	-58.2%
JPY	0.046 mg	3.8%	-4.2%	-38.6%	-71.3%
CNY	1.03 mg	3.8%	-1.9%	-36.2%	-59.6%

Digital Token Watch 2026-01-02

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	645.08 g	7.4%	-4.9%	-43.3%	21.9%
Ethereum (ETH)	22.39 g	11.2%	0.6%	-44.7%	86.1%
Crypto Index (CCI30)	3,994.14 g	9.4%	-6.2%	-59.5%	-18.2%

Bond Watch 2026-01-02

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.59 g	4.4%	-3.4%	-37.4%	-54.5%
US 20+ Year (TLT)	0.62 g	3.4%	-5.4%	-38.6%	-74.0%

Equity Watch 2026-01-02

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	347.07 g	3.6%	-1.6%	-30.3%	-31.2%
S&P 500	49.20 g	3.2%	-3.0%	-28.7%	-20.5%
Nikkei 225	2.30 g	3.0%	-2.1%	-22.6%	-47.4%
Euro STOXX (FEZ)	0.469 g	5.3%	-0.6%	-16.3%	-31.8%
HUI	5.03 g	-2.2%	1.6%	48.8%	1.9%

Commodity Watch 2026-01-02

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.411 g/bbl	5.3%	-5.6%	-52.2%	-48.6%
Platinum	15.33 g/oz	-7.2%	27.2%	41.6%	-12.9%
Palladium	11.86 g/oz	-6.8%	11.8%	9.5%	-69.3%
Silver	0.534 g/oz	2.7%	26.1%	54.4%	22.3%
Copper	40.5 mg/lb	2.0%	5.5%	-13.7%	-30.2%
Coffee	25.6 mg/lb	6.4%	-14.9%	-33.3%	21.3%
Cotton	4.59 mg/lb	3.5%	-1.5%	-43.0%	-64.3%