

**National Currency Watch** 2025-11-14

|     |               | Change from |           |          |             |
|-----|---------------|-------------|-----------|----------|-------------|
|     | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| USD | 7.6 mg        | -1.9%       | 1.4%      | -36.9%   | -53.6%      |
| CAD | 5.4 mg        | -1.4%       | 1.4%      | -37.0%   | -56.4%      |
| EUR | 8.9 mg        | -1.6%       | 1.7%      | -30.6%   | -54.4%      |
| JPY | 0.049 mg      | -3.0%       | -0.1%     | -36.5%   | -68.6%      |
| CNY | 1.05 mg       | -4.0%       | -1.1%     | -37.9%   | -58.5%      |

**Digital Token Watch** 2025-11-14

|                      |               | Change from |           |          |             |
|----------------------|---------------|-------------|-----------|----------|-------------|
|                      | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| Bitcoin (BTC)        | 721.65 g      | -10.4%      | -15.4%    | -31.9%   | 173.0%      |
| Ethereum (ETH)       | 23.73 g       | -11.3%      | -23.7%    | -36.0%   | 204.0%      |
| Crypto Index (CCI30) | 4,615.05 g    | -10.1%      | -19.3%    | -43.1%   | 46.7%       |

**Bond Watch** 2025-11-14

|                   |               | Change from |           |          |             |
|-------------------|---------------|-------------|-----------|----------|-------------|
|                   | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| US 1-3 Year (SHY) | 0.63 g        | -1.9%       | 1.1%      | -34.9%   | -51.4%      |
| US 20+ Year (TLT) | 0.68 g        | -2.7%       | -0.9%     | -36.8%   | -71.7%      |

**Equity Watch** 2025-11-14

|                  |               | Change from |           |          |             |
|------------------|---------------|-------------|-----------|----------|-------------|
|                  | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| DJIA             | 360.21 g      | -1.6%       | 3.3%      | -32.0%   | -25.7%      |
| S&P 500          | 51.45 g       | -1.8%       | 2.7%      | -28.6%   | -12.8%      |
| Nikkei 225       | 2.49 g        | -2.8%       | 7.4%      | -17.0%   | -37.6%      |
| Euro STOXX (FEZ) | 0.483 g       | -0.3%       | 3.3%      | -17.5%   | -25.9%      |
| HUI              | 4.70 g        | 4.2%        | -2.6%     | 34.9%    | -9.3%       |

**Commodity Watch** 2025-11-14

|           |               | Change from |           |          |             |
|-----------|---------------|-------------|-----------|----------|-------------|
|           | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| Crude Oil | 0.459 g/bbl   | -1.3%       | 3.8%      | -44.8%   | -30.5%      |
| Platinum  | 11.70 g/oz    | -3.3%       | -4.3%     | 3.4%     | -20.7%      |
| Palladium | 10.58 g/oz    | -2.7%       | -4.3%     | -5.4%    | -72.4%      |
| Silver    | 0.397 g/oz    | 4.8%        | 2.3%      | 9.4%     | -0.4%       |
| Copper    | 38.6 mg/lb    | 0.3%        | 2.8%      | -21.8%   | -26.2%      |
| Coffee    | 30.5 mg/lb    | -3.8%       | 1.4%      | -9.6%    | 70.0%       |
| Cotton    | 4.77 mg/lb    | -3.6%       | -0.3%     | -42.3%   | -57.6%      |