

National Currency Watch

2025-08-15

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	9.3 mg	1.8%	0.3%	-26.6%	-41.7%
CAD	6.8 mg	1.2%	-0.5%	-27.2%	-44.1%
EUR	10.9 mg	2.2%	0.9%	-21.8%	-42.3%
JPY	0.063 mg	1.2%	0.4%	-26.0%	-58.0%
CNY	1.29 mg	1.4%	0.5%	-26.9%	-45.6%

Digital Token Watch

2025-08-15

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	1,094.19 g	2.3%	0.0%	49.4%	476.6%
Ethereum (ETH)	41.31 g	12.3%	41.8%	26.5%	490.6%
Crypto Index (CCi30)	7,649.85 g	5.0%	10.0%	27.8%	139.5%

Bond Watch

2025-08-15

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.77 g	1.8%	0.6%	-24.3%	-39.0%
US 20+ Year (TLT)	0.81 g	0.7%	1.9%	-33.0%	-66.4%

Equity Watch

2025-08-15

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	419.12 g	3.5%	2.4%	-18.7%	-6.2%
S&P 500	60.14 g	2.7%	3.6%	-14.7%	11.5%
Nikkei 225	2.74 g	4.9%	9.7%	-12.6%	-21.7%
Euro STOXX (FEZ)	0.568 g	4.2%	3.1%	-11.6%	-6.8%
HUI	4.44 g	2.5%	12.5%	15.2%	-15.9%

Commodity Watch

2025-08-15

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.586 g/bbl	0.0%	-5.3%	-41.1%	-12.8%
Platinum	12.45 g/oz	2.3%	-3.6%	4.3%	-18.2%
Palladium	10.50 g/oz	0.5%	-7.4%	-11.2%	-69.4%
Silver	0.352 g/oz	0.3%	-1.1%	-1.3%	-17.6%
Copper	41.8 mg/lb	2.3%	-19.0%	-20.6%	-8.7%
Coffee	31.9 mg/lb	12.4%	13.6%	4.5%	73.7%
Cotton	6.16 mg/lb	3.0%	-1.4%	-26.9%	-38.7%