

National Currency Watch 2025-06-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	9.1 mg	-2.8%	-6.0%	-32.7%	-49.5%
CAD	6.7 mg	-2.3%	-3.4%	-32.0%	-49.5%
EUR	10.4 mg	-1.6%	-2.8%	-27.8%	-48.3%
JPY	0.063 mg	-3.1%	-3.3%	-26.8%	-62.4%
CNY	1.26 mg	-1.7%	-4.2%	-31.3%	-50.7%

Digital Token Watch 2025-06-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	960.13 g	-1.3%	-4.4%	6.9%	464.7%
Ethereum (ETH)	23.33 g	1.0%	-9.5%	-50.0%	447.6%
Crypto Index (CCi30)	5,967.65 g	-1.3%	-13.9%	-24.0%	145.9%

Bond Watch 2025-06-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.75 g	-2.5%	-5.6%	-29.7%	-47.9%
US 20+ Year (TLT)	0.78 g	-1.7%	-5.6%	-36.2%	-71.0%

Equity Watch 2025-06-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	382.06 g	-4.1%	-5.9%	-26.6%	-16.8%
S&P 500	54.12 g	-3.2%	-4.6%	-26.0%	-0.8%
Nikkei 225	2.38 g	-2.9%	-4.2%	-28.4%	-36.2%
Euro STOXX (FEZ)	0.536 g	-4.3%	-4.9%	-23.2%	-14.5%
HUI	3.91 g	0.2%	10.6%	11.7%	-16.8%

Commodity Watch 2025-06-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.661 g/bbl	9.9%	7.7%	-37.6%	1.6%
Platinum	11.25 g/oz	3.5%	17.9%	-12.7%	-23.8%
Palladium	9.55 g/oz	-0.4%	4.3%	-21.4%	-72.5%
Silver	0.327 g/oz	-3.1%	2.8%	-17.0%	3.3%
Copper	43.5 mg/lb	-3.3%	-3.6%	-28.3%	-6.8%
Coffee	31.7 mg/lb	-5.0%	-14.6%	4.1%	85.4%
Cotton	5.92 mg/lb	-3.2%	-7.3%	-38.4%	-44.9%