National Currency Watch 2024-11-08

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	11.6 mg	2.0%	-1.9%	-27.2%	-45.6%
CAD	8.3 mg	2.2%	-3.7%	-27.8%	-48.3%
EUR	12.4 mg	0.8%	-4.3%	-27.2%	-47.1%
JPY	0.076 mg	2.1%	-4.8%	-28.0%	-61.1%
CNY	1.63 mg	2.5%	-3.2%	-23.5%	-46.2%

Digital Token Watch 2024-11-08

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	884.74 g	12.3%	20.8%	55.7%	373.0%
Ethereum (ETH)	34.22 g	20.1%	19.0%	14.3%	768.7%
Crypto Index (CCi30)	6,620.06 g	12.4%	12.9%	19.3%	162.1%

Bond Watch 2024-11-08

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.95 g	2.4%	-2.1%	-23.8%	-43.5%
US 20+ Year (TLT)	1.07 g	3.8%	-4.5%	-22.3%	-59.5%

Equity Watch 2024-11-08

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	508.41 g	6.7%	2.5%	-6.1%	-13.5%
S&P 500	69.29 g	6.7%	2.3%	-0.4%	5.5%
Nikkei 225	2.99 g	6.0%	-3.4%	-11.6%	-34.3%
Euro STOXX (FEZ)	0.57 g	-0.2%	-6.7%	-16.0%	-32.5%
HUI	3.61 g	0.2%	-1.2%	6.8%	-17.1%

Commodity Watch 2024-11-08

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.813 g/bbl	3.3%	-6.2%	-33.8%	-33.1%
Platinum	11.41 g/oz	0.2%	0.3%	-18.3%	-39.5%
Palladium	11.71 g/oz	-8.3%	-2.1%	-27.4%	-68.8%
Silver	0.365 g/oz	-1.9%	-1.1%	2.4%	2.1%
Copper	49.5 mg/lb	0.5%	-4.7%	-14.0%	-13.0%
Coffee	29.3 mg/lb	6.3%	0.1%	5.8%	25.9%
Cotton	8.2 mg/lb	3.2%	-3.3%	-32.4%	-40.3%