National Currency Watch 2024-11-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	11.4 mg	-0.1%	-2.4%	-27.4%	-44.8%
CAD	8.1 mg	-1.0%	-5.9%	-27.9%	-48.2%
EUR	12.3 mg	-0.2%	-4.7%	-25.6%	-46.7%
JPY	0.074 mg	-0.9%	-8.7%	-28.5%	-61.1%
CNY	1.59 mg	-1.3%	-5.7%	-24.5%	-45.5%

Digital Token Watch 2024-11-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	790.72 g	4.3%	11.4%	42.4%	314.2%
Ethereum (ETH)	28.60 g	3.7%	0.0%	1.1%	655.1%
Crypto Index (CCi30)	5,910.13 g	3.1%	2.8%	14.9%	139.7%

Bond Watch 2024-11-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.93 g	-0.5%	-3.2%	-23.9%	-42.8%
US 20+ Year (TLT)	1.03 g	-1.5%	-9.7%	-19.4%	-61.3%

Equity Watch 2024-11-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	478.38 g	-0.2%	-2.7%	-8.2%	-15.1%
S&P 500	65.17 g	-1.5%	-2.1%	-1.8%	3.1%
Nikkei 225	2.82 g	-0.6%	-10.1%	-13.9%	-35.2%
Euro STOXX (FEZ)	0.57 g	-0.8%	-6.1%	-11.7%	-29.4%
HUI	3.61 g	-4.2%	-4.9%	6.5%	-20.0%

Commodity Watch 2024-11-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.791 g/bbl	-3.3%	-2.9%	-37.2%	-31.8%
Platinum	11.42 g/oz	-1.6%	-1.1%	-21.5%	-40.7%
Palladium	12.81 g/oz	-4.3%	9.5%	-27.5%	-65.5%
Silver	0.373 g/oz	-1.2%	2.1%	5.1%	-0.1%
Copper	49.5 mg/lb	0.1%	-6.5%	-13.3%	-9.6%
Coffee	27.6 mg/lb	-2.3%	-10.3%	10.5%	28.9%
Cotton	8.0 mg/lb	-0.8%	-6.2%	-35.8%	-39.7%