

National Currency Watch 2024-08-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	12.4 mg	-1.0%	-4.3%	-23.7%	-40.1%
CAD	9.2 mg	0.3%	-2.5%	-23.6%	-41.1%
EUR	13.8 mg	0.5%	-1.5%	-21.5%	-39.8%
JPY	0.086 mg	1.1%	2.9%	-23.8%	-56.2%
CNY	1.75 mg	-0.8%	-1.9%	-19.8%	-39.8%

Digital Token Watch 2024-08-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	793.31 g	7.7%	-7.1%	84.8%	268.5%
Ethereum (ETH)	34.23 g	5.5%	-24.1%	27.4%	763.9%
Crypto Index (CCi30)	6,530.71 g	10.0%	-11.5%	46.6%	137.9%

Bond Watch 2024-08-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.03 g	-0.7%	-3.0%	-19.3%	-37.6%
US 20+ Year (TLT)	1.22 g	0.0%	1.8%	-18.9%	-56.3%

Equity Watch 2024-08-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	509.99 g	0.2%	-2.4%	-8.8%	-3.8%
S&P 500	69.79 g	0.4%	-2.9%	-3.1%	18.5%
Nikkei 225	3.28 g	1.9%	-0.3%	-8.7%	-18.9%
Euro STOXX (FEZ)	0.65 g	2.0%	-0.9%	-9.6%	-12.2%
HUI	3.96 g	1.3%	2.3%	8.5%	-15.4%

Commodity Watch 2024-08-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.927 g/bbl	-3.4%	-7.0%	-27.6%	-17.3%
Platinum	11.74 g/oz	-1.6%	-4.5%	-22.1%	-33.3%
Palladium	11.67 g/oz	-1.1%	-1.0%	-43.9%	-61.4%
Silver	0.365 g/oz	3.6%	-3.1%	-5.4%	3.4%
Copper	52.0 mg/lb	0.3%	-3.2%	-15.8%	-1.0%
Coffee	31.1 mg/lb	1.3%	0.5%	25.4%	56.6%
Cotton	8.8 mg/lb	6.2%	0.3%	-36.9%	-26.7%