

National Currency Watch 2024-06-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	13.3 mg	0.2%	0.8%	-18.1%	-39.6%	
CAD	9.8 mg	0.4%	0.6%	-20.7%	-42.2%	
EUR	14.3 mg	0.4%	-0.6%	-19.6%	-43.1%	
JPY	0.083 mg	-0.7%	-1.6%	-26.6%	-59.5%	
CNY	1.82 mg	1.6%	1.1%	-18.5%	-42.4%	

Digital Token Watch 2024-06-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	804.87 g	-5.7%	-11.0%	64.2%	193.9%	
Ethereum (ETH)	45.03 g	-3.9%	-11.4%	47.0%	590.0%	
Crypto Index (CCi30)	7,172.94 g	-2.3%	-14.8%	54.4%	70.3%	

Bond Watch 2024-06-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.09 g	0.2%	1.6%	-15.0%	-37.9%	
US 20+ Year (TLT)	1.22 g	-2.1%	2.8%	-25.3%	-54.6%	

Equity Watch 2024-06-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	522.00 g	0.1%	1.5%	-5.4%	-11.1%	
S&P 500	72.86 g	0.1%	3.8%	2.1%	12.2%	
Nikkei 225	3.28 g	1.9%	0.3%	-12.5%	-24.7%	
Euro STOXX (FEZ)	0.67 g	0.2%	-5.2%	-9.5%	-21.0%	
HUI	3.57 g	0.4%	-4.3%	-3.5%	-16.6%	

Commodity Watch 2024-06-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	1.088 g/bbl	1.2%	3.0%	-4.0%	-15.7%	
Platinum	13.50 g/oz	1.6%	-2.7%	-8.9%	-25.2%	
Palladium	12.97 g/oz	-1.7%	1.0%	-35.0%	-61.4%	
Silver	0.392 g/oz	-3.3%	-6.1%	6.4%	16.6%	
Copper	58.6 mg/lb	-2.1%	-9.2%	-3.4%	-2.4%	
Coffee	30.6 mg/lb	1.2%	0.0%	13.2%	26.4%	
Cotton	9.3 mg/lb	2.6%	-14.6%	-28.7%	-33.2%	