

National Currency Watch 2024-06-21

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	13.3 mg	-0.2%	4.0%	-17.5%	-40.2%
CAD	9.7 mg	0.0%	3.5%	-20.8%	-42.3%
EUR	14.2 mg	-0.3%	2.4%	-19.6%	-43.5%
JPY	0.084 mg	-1.5%	1.8%	-26.6%	-59.6%
CNY	1.79 mg	-2.2%	2.3%	-19.4%	-44.1%

Digital Token Watch 2024-06-21

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	853.45 g	-3.1%	-5.1%	75.5%	277.9%
Ethereum (ETH)	46.85 g	0.9%	-3.6%	62.4%	664.7%
Crypto Index (CCi30)	7,340.68 g	-4.5%	-11.9%	58.8%	81.0%

Bond Watch 2024-06-21

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.09 g	-0.2%	4.6%	-14.3%	-38.6%
US 20+ Year (TLT)	1.25 g	-0.9%	6.6%	-22.9%	-53.5%

Equity Watch 2024-06-21

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	521.49 g	1.3%	2.1%	-4.9%	-12.3%
S&P 500	72.79 g	0.4%	6.7%	3.2%	10.8%
Nikkei 225	3.22 g	-2.1%	0.8%	-15.6%	-26.6%
Euro STOXX (FEZ)	0.67 g	-1.1%	-2.6%	-8.9%	-21.4%
HUI	3.56 g	1.8%	-3.9%	-5.2%	-15.8%

Commodity Watch 2024-06-21

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.075 g/bbl	2.7%	6.7%	-8.2%	-15.9%
Platinum	13.29 g/oz	5.0%	-1.6%	-13.3%	-25.6%
Palladium	13.20 g/oz	11.1%	0.0%	-39.1%	-60.5%
Silver	0.405 g/oz	4.0%	0.0%	8.8%	19.1%
Copper	59.9 mg/lb	-1.4%	-8.7%	-5.2%	-0.4%
Coffee	30.2 mg/lb	0.9%	8.4%	8.6%	35.8%
Cotton	9.1 mg/lb	-4.1%	-7.2%	-29.1%	-33.3%