

National Currency Watch 2024-05-03

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	13.6 mg	2.1%	-0.6%	-12.2%	-44.3%	
CAD	9.9 mg	2.0%	-1.7%	-12.6%	-45.4%	
EUR	14.6 mg	2.8%	-1.2%	-14.5%	-46.4%	
JPY	0.089 mg	5.3%	-1.4%	-22.4%	-59.5%	
CNY	1.83 mg	0.6%	-1.4%	-18.9%	-48.7%	

Digital Token Watch 2024-05-03

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	851.85 g	0.6%	-5.6%	90.2%	507.0%	
Ethereum (ETH)	42.05 g	1.2%	-7.1%	44.2%	959.9%	
Crypto Index (CCi30)	7,899.28 g	2.3%	-10.6%	62.7%	180.0%	

Bond Watch 2024-05-03

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.10 g	2.6%	-0.5%	-10.2%	-42.7%	
US 20+ Year (TLT)	1.22 g	4.0%	-8.1%	-23.5%	-56.1%	

Equity Watch 2024-05-03

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	524.29 g	3.3%	-1.8%	1.6%	-18.7%	
S&P 500	69.51 g	2.7%	-2.2%	10.0%	-3.0%	
Nikkei 225	3.39 g	6.1%	-4.5%	1.8%	-29.8%	
Euro STOXX (FEZ)	0.69 g	1.2%	-3.1%	-1.9%	-25.8%	
HUI	3.53 g	-1.1%	-0.7%	-16.0%	-5.2%	

Commodity Watch 2024-05-03

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	1.059 g/bbl	-4.9%	-9.1%	0.0%	-29.7%	
Platinum	13.05 g/oz	7.4%	3.0%	-20.2%	-37.2%	
Palladium	12.93 g/oz	0.4%	-6.2%	-41.9%	-60.9%	
Silver	0.359 g/oz	-2.0%	0.3%	-7.9%	0.8%	
Copper	62.0 mg/lb	2.3%	8.4%	4.8%	-9.7%	
Coffee	27.9 mg/lb	-8.8%	0.5%	-4.5%	26.6%	
Cotton	10.5 mg/lb	-0.5%	-13.6%	-11.8%	-43.0%	