

National Currency Watch 2024-04-19

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	13.1 mg	0.9%	-9.4%	-16.4%	-46.4%
CAD	9.5 mg	1.1%	-10.6%	-18.2%	-47.8%
EUR	13.9 mg	1.0%	-11.2%	-18.7%	-49.2%
JPY	0.085 mg	0.0%	-11.6%	-27.2%	-61.2%
CNY	1.76 mg	-0.1%	-11.1%	-21.7%	-50.7%

Digital Token Watch 2024-04-19

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	836.36 g	-4.0%	-6.7%	85.7%	546.8%
Ethereum (ETH)	40.07 g	-4.7%	-12.5%	22.4%	845.5%
Crypto Index (CCi30)	7,507.75 g	-5.6%	-13.4%	48.0%	156.4%

Bond Watch 2024-04-19

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.06 g	0.9%	-9.6%	-14.2%	-45.0%
US 20+ Year (TLT)	1.17 g	-0.4%	-13.1%	-26.1%	-57.8%

Equity Watch 2024-04-19

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	496.49 g	0.9%	-12.0%	-6.3%	-23.3%
S&P 500	64.92 g	-2.2%	-13.1%	0.0%	-8.3%
Nikkei 225	3.13 g	-6.3%	-18.1%	-5.6%	-35.2%
Euro STOXX (FEZ)	0.66 g	0.6%	-12.5%	-9.3%	-29.9%
HUI	3.43 g	0.8%	5.4%	-16.6%	-12.2%

Commodity Watch 2024-04-19

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.087 g/bbl	-2.1%	-9.8%	-12.1%	-30.4%
Platinum	12.16 g/oz	-6.1%	-6.0%	-27.6%	-44.0%
Palladium	13.14 g/oz	-5.2%	-7.7%	-47.8%	-61.4%
Silver	0.369 g/oz	-1.8%	2.6%	-4.6%	1.2%
Copper	58.8 mg/lb	6.7%	0.4%	-7.5%	-17.3%
Coffee	31.6 mg/lb	8.4%	19.4%	-0.3%	43.5%
Cotton	10.3 mg/lb	-3.9%	-23.7%	-20.9%	-46.1%