

National Currency Watch 2024-02-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	15.3 mg	-1.5%	-0.2%	-9.9%	-34.4%
CAD	11.4 mg	-1.6%	-0.3%	-9.6%	-36.0%
EUR	16.6 mg	-1.0%	-0.3%	-8.0%	-37.4%
JPY	0.102 mg	-1.6%	-1.4%	-19.3%	-51.7%
CNY	2.09 mg	0.4%	-0.1%	-13.8%	-39.6%

Digital Token Watch 2024-02-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	779.96 g	-4.0%	27.4%	91.2%	704.5%
Ethereum (ETH)	44.89 g	2.7%	30.2%	61.2%	1,186.6%
Crypto Index (CCi30)	7,580.06 g	-1.4%	22.7%	42.3%	247.6%

Bond Watch 2024-02-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.25 g	-1.4%	-0.4%	-6.6%	-32.0%
US 20+ Year (TLT)	1.44 g	-0.3%	-0.3%	-14.9%	-44.7%

Equity Watch 2024-02-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	600.32 g	-0.2%	3.0%	6.3%	-1.5%
S&P 500	78.07 g	0.2%	4.4%	14.2%	19.5%
Nikkei 225	3.99 g	0.0%	5.5%	16.5%	-11.9%
Euro STOXX (FEZ)	0.77 g	1.5%	8.3%	4.5%	-8.3%
HUI	3.17 g	-2.1%	-7.9%	-13.3%	-22.4%

Commodity Watch 2024-02-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.173 g/bbl	-4.8%	2.6%	-8.6%	-12.4%
Platinum	13.87 g/oz	-0.5%	-0.4%	-14.9%	-28.6%
Palladium	14.93 g/oz	1.5%	3.5%	-40.1%	-57.0%
Silver	0.348 g/oz	-2.7%	1.8%	-4.9%	-6.2%
Copper	59.6 mg/lb	-0.3%	2.2%	-13.9%	-13.8%
Coffee	29.3 mg/lb	-1.4%	-1.2%	-11.2%	25.2%
Cotton	14.6 mg/lb	-0.3%	12.0%	3.7%	-14.8%