

National Currency Watch 2023-12-29

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	15.0 mg	-1.8%	-1.5%	-12.7%	-38.5%
CAD	11.3 mg	-1.1%	1.2%	-10.4%	-36.5%
EUR	16.6 mg	-1.0%	-0.6%	-9.4%	-40.4%
JPY	0.106 mg	-1.0%	2.7%	-17.7%	-51.9%
CNY	2.09 mg	0.1%	-0.8%	-14.7%	-40.6%

Digital Token Watch 2023-12-29

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	629.65 g	-6.1%	9.6%	120.6%	577.7%
Ethereum (ETH)	35.10 g	3.0%	11.6%	71.0%	948.5%
Crypto Index (CCi30)	6,705.84 g	-1.3%	20.3%	79.6%	217.7%

Bond Watch 2023-12-29

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.23 g	-1.7%	-0.5%	-9.4%	-35.9%
US 20+ Year (TLT)	1.48 g	-1.4%	5.5%	-11.8%	-45.2%

Equity Watch 2023-12-29

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	564.03 g	-1.0%	4.8%	-1.0%	0.6%
S&P 500	71.38 g	-1.5%	3.2%	8.1%	18.1%
Nikkei 225	3.55 g	-0.2%	3.1%	5.6%	-19.6%
Euro STOXX (FEZ)	0.72 g	-1.4%	2.6%	6.3%	-11.2%
HUI	3.64 g	-3.6%	-0.7%	-8.0%	-5.3%

Commodity Watch 2023-12-29

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.072 g/bbl	-4.3%	-9.4%	-20.2%	-2.7%
Platinum	14.97 g/oz	2.5%	5.7%	-15.4%	-21.9%
Palladium	17.00 g/oz	-7.6%	9.3%	-44.1%	-45.0%
Silver	0.356 g/oz	-4.5%	-6.1%	-13.0%	-4.3%
Copper	58.1 mg/lb	-2.1%	0.9%	-11.4%	-11.0%
Coffee	28.2 mg/lb	-4.1%	1.8%	-3.4%	14.8%
Cotton	12.1 mg/lb	-0.2%	1.5%	-14.5%	-31.0%