

National Currency Watch 2023-10-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	15.6 mg	-4.0%	-2.3%	-17.8%	-38.3%
CAD	11.4 mg	-4.3%	-4.3%	-17.9%	-40.9%
EUR	16.6 mg	-3.2%	-3.6%	-11.5%	-43.1%
JPY	0.104 mg	-4.2%	-3.8%	-17.9%	-53.6%
CNY	2.11 mg	-4.4%	-0.2%	-18.2%	-42.1%

Digital Token Watch 2023-10-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	464.20 g	6.2%	7.0%	28.1%	182.4%
Ethereum (ETH)	24.97 g	-2.1%	-5.5%	1.9%	383.9%
Crypto Index (CCi30)	4,363.51 g	1.5%	-0.2%	-11.5%	16.3%

Bond Watch 2023-10-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.35 g	0.0%	4.3%	-10.3%	-32.3%
US 20+ Year (TLT)	1.38 g	-5.0%	-7.1%	-21.2%	-47.4%

Equity Watch 2023-10-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	550.63 g	-1.6%	-0.1%	-4.6%	-14.6%
S&P 500	70.21 g	-2.4%	-0.3%	0.7%	0.1%
Nikkei 225	3.26 g	-7.3%	-8.9%	-5.0%	-35.7%
Euro STOXX (FEZ)	0.68 g	-1.8%	-2.4%	9.4%	-25.7%
HUI	3.80 g	2.3%	3.8%	6.5%	-3.6%

Commodity Watch 2023-10-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.378 g/bbl	-3.6%	-4.0%	-14.3%	-21.3%
Platinum	14.00 g/oz	-2.5%	-7.2%	-17.6%	-33.8%
Palladium	17.22 g/oz	-7.4%	-16.7%	-55.2%	-37.4%
Silver	0.363 g/oz	0.9%	-2.5%	1.6%	-1.9%
Copper	55.4 mg/lb	-5.0%	-7.6%	-15.6%	-21.0%
Coffee	25.8 mg/lb	2.4%	2.1%	-28.9%	-16.4%
Cotton	12.9 mg/lb	-6.8%	-5.7%	-12.4%	-34.7%