

National Currency Watch 2023-10-06

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	17.1 mg	2.8%	5.6%	-5.8%	-33.8%
CAD	12.5 mg	1.8%	5.6%	-5.4%	-37.4%
EUR	18.1 mg	2.8%	4.2%	1.3%	-39.2%
JPY	0.114 mg	2.9%	4.4%	-8.6%	-49.6%
CNY	2.19 mg	0.0%	1.2%	-14.8%	-41.4%

Digital Token Watch 2023-10-06

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	477.91 g	6.8%	14.7%	32.0%	180.7%
Ethereum (ETH)	27.57 g	0.5%	4.6%	11.4%	368.9%
Crypto Index (CCi30)	4,759.17 g	4.3%	10.2%	-7.1%	17.7%

Bond Watch 2023-10-06

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.38 g	2.9%	5.9%	-3.8%	-31.8%
US 20+ Year (TLT)	1.45 g	-1.7%	-4.5%	-19.6%	-45.8%

Equity Watch 2023-10-06

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	571.06 g	2.5%	2.5%	6.9%	-16.4%
S&P 500	73.65 g	3.3%	1.9%	8.4%	-1.2%
Nikkei 225	3.55 g	0.1%	-2.6%	3.8%	-34.3%
Euro STOXX (FEZ)	0.72 g	2.9%	2.0%	23.4%	-25.6%
HUI	3.52 g	2.4%	-1.2%	-6.4%	-5.0%

Commodity Watch 2023-10-06

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.415 g/bbl	-6.3%	0.9%	-11.8%	-26.3%
Platinum	14.67 g/oz	-4.4%	-0.9%	-12.7%	-31.1%
Palladium	19.59 g/oz	-8.6%	0.8%	-53.1%	-28.5%
Silver	0.361 g/oz	-5.9%	-5.0%	-3.2%	-4.5%
Copper	62.0 mg/lb	0.0%	0.5%	-1.7%	-12.8%
Coffee	25.0 mg/lb	2.7%	1.7%	-36.8%	-11.3%
Cotton	14.8 mg/lb	2.8%	4.2%	-1.3%	-24.5%