

National Currency Watch 2023-09-15

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	16.1 mg	0.0%	-1.2%	-12.4%	-37.6%	
CAD	11.9 mg	0.8%	-1.5%	-14.4%	-39.9%	
EUR	17.2 mg	-0.3%	-3.5%	-6.4%	-43.0%	
JPY	0.109 mg	-0.1%	-2.8%	-15.0%	-52.7%	
CNY	2.10 mg	-1.9%	-4.4%	-19.1%	-44.0%	

Digital Token Watch 2023-09-15

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	429.75 g	2.8%	-9.8%	18.5%	153.8%	
Ethereum (ETH)	26.60 g	-0.3%	-11.7%	-10.9%	385.5%	
Crypto Index (CCi30)	4,346.67 g	0.9%	-11.7%	-16.0%	17.9%	

Bond Watch 2023-09-15

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.31 g	0.0%	-1.0%	-11.1%	-35.8%	
US 20+ Year (TLT)	1.50 g	-1.5%	-2.9%	-22.7%	-46.7%	

Equity Watch 2023-09-15

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	558.57 g	0.1%	-2.2%	-2.0%	-17.5%	
S&P 500	71.81 g	-0.2%	-1.0%	0.0%	-4.5%	
Nikkei 225	3.66 g	2.8%	1.1%	2.3%	-31.4%	
Euro STOXX (FEZ)	0.70 g	0.8%	-3.3%	12.8%	-27.9%	
HUI	3.70 g	4.7%	3.4%	6.2%	4.0%	

Commodity Watch 2023-09-15

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	1.465 g/bbl	3.7%	10.7%	-6.5%	-18.0%	
Platinum	14.96 g/oz	3.0%	2.9%	-11.4%	-28.2%	
Palladium	20.49 g/oz	5.2%	0.7%	-48.9%	-19.8%	
Silver	0.372 g/oz	0.2%	1.6%	4.3%	1.1%	
Copper	60.7 mg/lb	2.3%	1.5%	-5.5%	-10.7%	
Coffee	25.5 mg/lb	8.2%	4.7%	-36.7%	-1.0%	
Cotton	13.8 mg/lb	1.2%	-2.2%	-28.9%	-34.9%	