

**National Currency Watch** 2023-08-18

|     |               | Change from |           |          |             |
|-----|---------------|-------------|-----------|----------|-------------|
|     | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| USD | 16.4 mg       | 1.2%        | 4.3%      | -6.8%    | -37.8%      |
| CAD | 12.1 mg       | 0.5%        | 1.6%      | -11.0%   | -39.8%      |
| EUR | 17.9 mg       | 0.5%        | 1.1%      | 0.1%     | -40.7%      |
| JPY | 0.113 mg      | 1.1%        | 0.0%      | -13.1%   | -52.6%      |
| CNY | 2.19 mg       | -0.3%       | -0.1%     | -15.1%   | -42.6%      |

**Digital Token Watch** 2023-08-18

|                      |               | Change from |           |          |             |
|----------------------|---------------|-------------|-----------|----------|-------------|
|                      | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| Bitcoin (BTC)        | 427.75 g      | -10.4%      | -9.0%     | 4.6%     | 152.3%      |
| Ethereum (ETH)       | 27.49 g       | -8.3%       | -9.9%     | -14.8%   | 229.8%      |
| Crypto Index (CCi30) | 4,438.97 g    | -11.1%      | -10.7%    | -23.0%   | 10.7%       |

**Bond Watch** 2023-08-18

|                   |               | Change from |           |          |             |
|-------------------|---------------|-------------|-----------|----------|-------------|
|                   | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| US 1-3 Year (SHY) | 1.33 g        | 1.2%        | 4.3%      | -6.4%    | -36.1%      |
| US 20+ Year (TLT) | 1.54 g        | -0.5%       | -3.9%     | -22.1%   | -47.6%      |

**Equity Watch** 2023-08-18

|                  |               | Change from |           |          |             |
|------------------|---------------|-------------|-----------|----------|-------------|
|                  | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| DJIA             | 566.66 g      | -1.1%       | 2.9%      | -5.4%    | -16.4%      |
| S&P 500          | 71.77 g       | -1.0%       | 0.1%      | -4.9%    | -4.6%       |
| Nikkei 225       | 3.56 g        | -2.1%       | -3.2%     | -5.6%    | -33.1%      |
| Euro STOXX (FEZ) | 0.72 g        | -2.1%       | -2.7%     | 11.6%    | -27.3%      |
| HUI              | 3.52 g        | -5.2%       | -11.0%    | -2.5%    | -6.4%       |

**Commodity Watch** 2023-08-18

|           |               | Change from |           |          |             |
|-----------|---------------|-------------|-----------|----------|-------------|
|           | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| Crude Oil | 1.335 g/bbl   | -1.2%       | 11.9%     | -16.3%   | -23.3%      |
| Platinum  | 14.85 g/oz    | 0.4%        | -4.1%     | -9.0%    | -27.8%      |
| Palladium | 20.19 g/oz    | -6.1%       | -2.7%     | -47.2%   | -14.6%      |
| Silver    | 0.374 g/oz    | 1.6%        | -4.5%     | 7.2%     | -3.3%       |
| Copper    | 60.8 mg/lb    | 0.7%        | 1.1%      | -5.4%    | -12.3%      |
| Coffee    | 24.2 mg/lb    | -5.5%       | -0.9%     | -36.0%   | -9.3%       |
| Cotton    | 13.8 mg/lb    | -4.5%       | 5.0%      | -32.9%   | -35.5%      |