

National Currency Watch 2023-06-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	16.1 mg	1.5%	2.0%	-4.6%	-34.3%
CAD	12.2 mg	1.5%	4.3%	-6.3%	-33.6%
EUR	17.5 mg	1.1%	3.0%	-1.4%	-38.5%
JPY	0.112 mg	-0.2%	-1.8%	-10.8%	-49.8%
CNY	2.22 mg	0.2%	-0.6%	-11.9%	-40.7%

Digital Token Watch 2023-06-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	493.44 g	18.1%	14.8%	38.6%	226.7%
Ethereum (ETH)	30.36 g	14.5%	5.8%	71.0%	165.9%
Crypto Index (CCi30)	4,736.94 g	14.8%	0.7%	5.7%	-8.2%

Bond Watch 2023-06-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.31 g	1.5%	1.6%	-4.2%	-32.1%
US 20+ Year (TLT)	1.66 g	2.2%	4.3%	-11.5%	-38.2%

Equity Watch 2023-06-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	543.35 g	-0.2%	4.1%	4.9%	-9.8%
S&P 500	70.05 g	0.1%	7.0%	9.3%	3.8%
Nikkei 225	3.67 g	-2.9%	4.0%	11.7%	-26.9%
Euro STOXX (FEZ)	0.71 g	-3.6%	-0.1%	21.5%	-24.9%
HUI	3.73 g	-3.3%	-5.8%	-4.7%	-14.0%

Commodity Watch 2023-06-23

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.114 g/bbl	-2.2%	-3.3%	-36.7%	-33.7%
Platinum	14.89 g/oz	-5.0%	-11.6%	-4.1%	-29.9%
Palladium	20.60 g/oz	-7.1%	-10.7%	-35.2%	-12.1%
Silver	0.360 g/oz	-5.5%	-1.6%	0.6%	-10.6%
Copper	61.3 mg/lb	-0.5%	6.6%	-2.9%	-17.5%
Coffee	27.1 mg/lb	-7.7%	-8.6%	-31.0%	-3.0%
Cotton	12.6 mg/lb	-2.7%	-5.6%	-45.4%	-39.9%