

National Currency Watch 2023-05-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	15.5 mg	-0.9%	1.5%	-5.4%	-34.6%
CAD	11.6 mg	0.0%	1.7%	-9.8%	-37.3%
EUR	17.1 mg	-1.2%	2.4%	-1.2%	-39.6%
JPY	0.115 mg	0.0%	-1.5%	-8.7%	-47.1%
CNY	2.19 mg	-2.7%	-3.5%	-11.4%	-40.8%

Digital Token Watch 2023-05-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	459.09 g	-0.3%	6.4%	-23.6%	96.1%
Ethereum (ETH)	31.01 g	4.4%	7.1%	-36.8%	66.2%
Crypto Index (CCi30)	4,954.40 g	-0.7%	0.3%	-42.3%	-49.9%

Bond Watch 2023-05-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.28 g	-0.7%	1.5%	-4.3%	-31.3%
US 20+ Year (TLT)	1.63 g	1.5%	2.2%	-11.8%	-36.4%

Equity Watch 2023-05-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	523.45 g	-2.2%	2.1%	-3.5%	-9.2%
S&P 500	64.30 g	-1.7%	2.6%	-5.7%	1.6%
Nikkei 225	3.36 g	1.1%	3.2%	-0.7%	-31.3%
Euro STOXX (FEZ)	0.72 g	-0.7%	4.7%	16.3%	-27.0%
HUI	4.33 g	5.8%	4.1%	-4.9%	0.4%

Commodity Watch 2023-05-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.109 g/bbl	-7.9%	-10.2%	-37.7%	-33.0%
Platinum	16.23 g/oz	-3.7%	4.3%	-0.5%	-24.2%
Palladium	22.62 g/oz	-3.7%	0.7%	-38.3%	-1.1%
Silver	0.402 g/oz	3.4%	6.0%	6.6%	3.0%
Copper	60.2 mg/lb	-0.9%	-1.7%	-14.7%	-17.4%
Coffee	29.7 mg/lb	-0.3%	7.6%	-17.3%	1.9%
Cotton	12.8 mg/lb	3.0%	2.8%	-47.8%	-38.2%