

National Currency Watch 2023-04-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	15.5 mg	-1.1%	-8.8%	-3.5%	-33.5%
CAD	11.5 mg	-0.7%	-7.1%	-9.8%	-36.9%
EUR	17.0 mg	-0.6%	-5.8%	-3.4%	-40.8%
JPY	0.118 mg	-0.1%	-5.3%	-9.2%	-46.0%
CNY	2.24 mg	-1.6%	-5.9%	-11.7%	-39.4%

Digital Token Watch 2023-04-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	433.88 g	-3.0%	14.7%	-38.0%	168.7%
Ethereum (ETH)	28.99 g	1.3%	9.9%	-43.3%	235.0%
Crypto Index (CCi30)	4,913.98 g	-2.0%	2.1%	-54.4%	-4.9%

Bond Watch 2023-04-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.28 g	-0.7%	-6.5%	-2.6%	-30.3%
US 20+ Year (TLT)	1.69 g	4.6%	0.8%	-15.3%	-34.3%

Equity Watch 2023-04-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	520.26 g	-0.5%	-7.0%	-6.5%	-7.0%
S&P 500	63.78 g	-1.2%	-6.0%	-11.9%	4.8%
Nikkei 225	3.24 g	-2.0%	-7.9%	-7.1%	-31.0%
Euro STOXX (FEZ)	0.70 g	-0.4%	-4.4%	9.0%	-25.7%
HUI	4.22 g	4.9%	16.2%	-16.9%	1.7%

Commodity Watch 2023-04-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.254 g/bbl	5.5%	-5.1%	-18.9%	-13.5%
Platinum	15.52 g/oz	0.7%	-4.8%	0.8%	-27.1%
Palladium	22.45 g/oz	-4.1%	-7.2%	-38.2%	5.7%
Silver	0.387 g/oz	3.2%	8.8%	-1.3%	1.9%
Copper	62.6 mg/lb	-3.0%	-7.9%	-17.3%	-12.3%
Coffee	28.5 mg/lb	6.5%	-9.2%	-21.6%	3.9%
Cotton	12.9 mg/lb	-0.6%	-8.3%	-39.7%	-33.0%