

National Currency Watch 2023-01-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	16.2 mg	-0.9%	-5.8%	-4.1%	-30.6%
CAD	12.0 mg	-1.1%	-4.5%	-11.0%	-35.7%
EUR	17.5 mg	-0.9%	-4.1%	-8.5%	-38.6%
JPY	0.124 mg	-2.8%	-4.7%	-15.9%	-40.9%
CNY	2.37 mg	-1.9%	-4.1%	-10.9%	-34.8%

Digital Token Watch 2023-01-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	366.42 g	12.8%	26.4%	-46.6%	21.9%
Ethereum (ETH)	26.82 g	13.3%	32.2%	-49.1%	10.8%
Crypto Index (CCi30)	4,811.70 g	9.8%	24.9%	-58.2%	-65.0%

Bond Watch 2023-01-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.32 g	-0.8%	-5.2%	-6.8%	-28.2%
US 20+ Year (TLT)	1.72 g	-1.4%	-3.3%	-26.9%	-33.8%

Equity Watch 2023-01-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	539.30 g	-3.6%	-4.3%	-7.8%	-11.2%
S&P 500	64.19 g	-0.4%	-2.0%	-15.0%	-2.0%
Nikkei 225	3.30 g	-1.1%	-4.7%	-19.6%	-34.1%
Euro STOXX (FEZ)	0.69 g	-1.5%	4.9%	-10.6%	-31.3%
HUI	4.19 g	-1.4%	6.5%	-5.4%	-8.8%

Commodity Watch 2023-01-20

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.319 g/bbl	1.3%	1.1%	-9.9%	-10.7%
Platinum	16.55 g/oz	-4.0%	-2.6%	-6.9%	-29.8%
Palladium	27.97 g/oz	-1.4%	-2.6%	-18.6%	8.0%
Silver	0.386 g/oz	-0.1%	-5.3%	-5.5%	-2.9%
Copper	68.6 mg/lb	0.0%	5.4%	-10.0%	-7.0%
Coffee	25.0 mg/lb	1.1%	-13.1%	-39.1%	-11.5%
Cotton	14.0 mg/lb	4.4%	-7.0%	-32.4%	-27.9%