

**National Currency Watch** 2022-11-11

|     |               | Change from |           |          |             |
|-----|---------------|-------------|-----------|----------|-------------|
|     | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| USD | 17.7 mg       | -4.8%       | -5.4%     | 5.6%     | -27.0%      |
| CAD | 13.3 mg       | -2.9%       | -1.4%     | 0.2%     | -30.3%      |
| EUR | 18.3 mg       | -0.7%       | 0.6%      | -4.9%    | -35.4%      |
| JPY | 0.127 mg      | 0.8%        | -0.8%     | -13.5%   | -40.5%      |
| CNY | 2.45 mg       | -4.1%       | -3.9%     | -6.7%    | -32.4%      |

**Digital Token Watch** 2022-11-11

|                      |               | Change from |           |          |             |
|----------------------|---------------|-------------|-----------|----------|-------------|
|                      | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| Bitcoin (BTC)        | 301.15 g      | -23.3%      | -15.4%    | -72.3%   | 95.6%       |
| Ethereum (ETH)       | 22.76 g       | -25.5%      | -5.0%     | -70.7%   | 213.4%      |
| Crypto Index (CCi30) | 4,436.95 g    | -25.2%      | -10.9%    | -75.1%   | 23.8%       |

**Bond Watch** 2022-11-11

|                   |               | Change from |           |          |             |
|-------------------|---------------|-------------|-----------|----------|-------------|
|                   | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| US 1-3 Year (SHY) | 1.44 g        | -4.2%       | -5.0%     | 1.1%     | -25.4%      |
| US 20+ Year (TLT) | 1.73 g        | -1.1%       | -7.0%     | -28.9%   | -36.5%      |

**Equity Watch** 2022-11-11

|                  |               | Change from |           |          |             |
|------------------|---------------|-------------|-----------|----------|-------------|
|                  | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| DJIA             | 596.63 g      | -0.9%       | 9.2%      | -0.8%    | 5.2%        |
| S&P 500          | 70.59 g       | 0.8%        | 5.3%      | -9.3%    | 12.9%       |
| Nikkei 225       | 3.59 g        | 4.7%        | 6.2%      | -16.5%   | -25.9%      |
| Euro STOXX (FEZ) | 0.68 g        | 4.3%        | 18.3%     | -15.7%   | -30.8%      |
| HUI              | 3.98 g        | 7.6%        | 10.7%     | -14.0%   | -12.2%      |

**Commodity Watch** 2022-11-11

|           |               | Change from |           |          |             |
|-----------|---------------|-------------|-----------|----------|-------------|
|           | Price in Gold | Week ago    | Month ago | Year ago | 5 Years ago |
| Crude Oil | 1.573 g/bbl   | -8.6%       | -5.8%     | 15.1%    | 14.5%       |
| Platinum  | 18.39 g/oz    | 4.5%        | 9.9%      | 0.9%     | -19.0%      |
| Palladium | 35.92 g/oz    | 2.4%        | -12.1%    | 3.6%     | 48.3%       |
| Silver    | 0.380 g/oz    | 2.4%        | 4.8%      | -9.2%    | -7.8%       |
| Copper    | 69.8 mg/lb    | 1.2%        | 7.5%      | -5.2%    | -6.1%       |
| Coffee    | 30.1 mg/lb    | -7.9%       | -26.1%    | -14.8%   | -2.6%       |
| Cotton    | 15.6 mg/lb    | -3.4%       | -6.1%     | -21.4%   | -6.8%       |