

National Currency Watch 2022-11-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	18.6 mg	-1.6%	2.4%	7.3%	-24.3%
CAD	13.7 mg	-1.0%	2.9%	-1.2%	-28.6%
EUR	18.4 mg	-2.1%	1.8%	-8.1%	-35.5%
JPY	0.126 mg	-1.4%	0.5%	-17.2%	-41.3%
CNY	2.55 mg	0.5%	-0.5%	-6.5%	-30.2%

Digital Token Watch 2022-11-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	392.83 g	1.1%	6.5%	-63.1%	116.9%
Ethereum (ETH)	30.56 g	4.1%	23.9%	-62.4%	306.3%
Crypto Index (CCi30)	5,932.01 g	7.4%	14.2%	-66.6%	46.4%

Bond Watch 2022-11-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.50 g	-1.9%	1.8%	1.6%	-23.3%
US 20+ Year (TLT)	1.75 g	-4.0%	-6.6%	-30.1%	-37.6%

Equity Watch 2022-11-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	601.92 g	-2.9%	9.5%	-3.8%	4.2%
S&P 500	70.04 g	-4.9%	1.9%	-13.6%	10.3%
Nikkei 225	3.43 g	-1.1%	1.2%	-24.4%	-29.1%
Euro STOXX (FEZ)	0.65 g	-0.3%	8.3%	-22.3%	-36.0%
HUI	3.70 g	-1.5%	-2.2%	-14.9%	-19.0%

Commodity Watch 2022-11-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.720 g/bbl	3.7%	9.6%	26.1%	26.0%
Platinum	17.59 g/oz	-1.9%	4.9%	-2.5%	-22.3%
Palladium	35.09 g/oz	-2.6%	-16.4%	-0.1%	43.7%
Silver	0.371 g/oz	2.2%	-2.3%	-9.7%	-11.6%
Copper	69.0 mg/lb	5.5%	8.1%	-7.8%	-9.6%
Coffee	32.6 mg/lb	1.9%	-17.9%	-9.6%	7.3%
Cotton	16.1 mg/lb	18.7%	0.9%	-19.9%	-4.3%