

National Currency Watch 2022-10-14

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	18.9 mg	2.8%	3.3%	9.1%	-21.2%
CAD	13.6 mg	1.5%	-2.1%	-2.8%	-29.1%
EUR	18.4 mg	2.5%	0.8%	-8.2%	-35.1%
JPY	0.127 mg	0.6%	-0.7%	-16.4%	-40.6%
CNY	2.55 mg	-0.6%	-1.3%	-5.3%	-29.5%

Digital Token Watch 2022-10-14

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	361.81 g	0.9%	-2.1%	-63.5%	159.2%
Ethereum (ETH)	24.47 g	0.1%	-15.2%	-61.0%	201.9%
Crypto Index (CCi30)	5,004.89 g	-2.5%	-6.6%	-68.2%	42.5%

Bond Watch 2022-10-14

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.52 g	2.6%	2.3%	3.3%	-20.1%
US 20+ Year (TLT)	1.86 g	0.4%	-5.5%	-25.1%	-31.9%

Equity Watch 2022-10-14

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	558.87 g	4.0%	-1.7%	-7.4%	2.1%
S&P 500	67.57 g	1.2%	-6.2%	-12.0%	10.6%
Nikkei 225	3.44 g	0.5%	-3.3%	-20.7%	-23.9%
Euro STOXX (FEZ)	0.59 g	2.6%	-5.8%	-26.9%	-40.5%
HUI	3.46 g	-4.6%	-2.8%	-22.3%	-28.7%

Commodity Watch 2022-10-14

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.614 g/bbl	-5.0%	0.0%	14.8%	31.1%
Platinum	17.18 g/oz	0.7%	3.9%	-3.8%	-23.7%
Palladium	39.34 g/oz	-4.9%	1.5%	5.3%	65.0%
Silver	0.354 g/oz	-6.4%	-0.6%	-12.3%	-14.0%
Copper	65.1 mg/lb	4.0%	1.3%	-18.8%	-12.8%
Coffee	37.1 mg/lb	-7.3%	-6.6%	2.5%	22.6%
Cotton	15.7 mg/lb	1.5%	-19.8%	-15.3%	-4.5%