

National Currency Watch 2022-10-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	18.3 mg	-1.4%	0.4%	3.9%	-25.6%
CAD	13.4 mg	-1.1%	-3.3%	-4.8%	-31.9%
EUR	17.9 mg	-1.5%	-1.3%	-12.1%	-38.0%
JPY	0.126 mg	-1.7%	-0.1%	-20.2%	-42.2%
CNY	2.57 mg	0.0%	-0.9%	-6.1%	-30.8%

Digital Token Watch 2022-10-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	358.44 g	-0.9%	1.7%	-62.3%	228.5%
Ethereum (ETH)	24.44 g	-1.1%	-14.4%	-61.4%	220.9%
Crypto Index (CCI30)	5,135.01 g	-0.9%	-2.2%	-67.5%	52.7%

Bond Watch 2022-10-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.49 g	-1.5%	-1.0%	-1.5%	-24.5%
US 20+ Year (TLT)	1.85 g	-2.6%	-6.9%	-25.3%	-33.1%

Equity Watch 2022-10-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	537.24 g	0.5%	-6.9%	-12.4%	-4.3%
S&P 500	66.74 g	0.0%	-8.2%	-14.1%	6.2%
Nikkei 225	3.43 g	2.8%	-1.2%	-21.8%	-24.2%
Euro STOXX (FEZ)	0.58 g	0.5%	-6.9%	-28.8%	-43.3%
HUI	3.63 g	0.3%	3.3%	-14.0%	-27.2%

Commodity Watch 2022-10-07

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.699 g/bbl	14.9%	13.5%	22.9%	39.8%
Platinum	17.05 g/oz	6.1%	9.2%	-1.3%	-24.1%
Palladium	41.37 g/oz	0.4%	12.7%	24.4%	78.0%
Silver	0.378 g/oz	6.9%	13.9%	-5.6%	-7.7%
Copper	62.6 mg/lb	-2.3%	-0.1%	-16.5%	-15.8%
Coffee	40.0 mg/lb	-3.0%	-3.5%	14.5%	24.8%
Cotton	15.4 mg/lb	-2.7%	-20.3%	-21.6%	-9.0%