

National Currency Watch 2022-09-30

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	18.6 mg	-1.7%	3.5%	4.3%	-23.2%
CAD	13.5 mg	-2.8%	-1.3%	-3.9%	-30.1%
EUR	18.2 mg	-0.8%	1.5%	-11.9%	-36.4%
JPY	0.129 mg	-2.7%	-0.7%	-19.6%	-40.3%
CNY	2.57 mg	-0.5%	-0.1%	-6.9%	-28.8%

Digital Token Watch 2022-09-30

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	361.54 g	-1.0%	1.6%	-53.7%	243.7%
Ethereum (ETH)	24.71 g	-1.7%	-10.4%	-51.6%	249.8%
Crypto Index (CCi30)	5,183.47 g	-3.2%	1.7%	-62.8%	52.2%

Bond Watch 2022-09-30

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.51 g	-1.7%	2.3%	-1.1%	-22.0%
US 20+ Year (TLT)	1.91 g	-4.7%	-5.9%	-24.8%	-30.5%

Equity Watch 2022-09-30

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	534.45 g	-4.6%	-6.5%	-11.5%	-1.6%
S&P 500	66.71 g	-4.6%	-6.9%	-13.2%	9.2%
Nikkei 225	3.33 g	-7.0%	-8.6%	-29.2%	-23.9%
Euro STOXX (FEZ)	0.57 g	-3.0%	-6.7%	-29.2%	-42.8%
HUI	3.62 g	6.3%	6.0%	-11.7%	-24.1%

Commodity Watch 2022-09-30

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.479 g/bbl	-0.8%	-10.2%	10.4%	18.1%
Platinum	16.08 g/oz	-2.8%	4.2%	-6.5%	-27.9%
Palladium	41.19 g/oz	3.7%	8.7%	21.5%	81.7%
Silver	0.354 g/oz	-1.6%	5.3%	-7.9%	-13.4%
Copper	64.0 mg/lb	0.4%	0.3%	-12.2%	-10.1%
Coffee	41.2 mg/lb	-1.2%	-4.1%	19.1%	32.8%
Cotton	17.3 mg/lb	-3.0%	-17.9%	-8.1%	4.5%