

National Currency Watch 2022-08-05

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	17.5 mg	-1.1%	-0.1%	1.6%
CAD	13.6 mg	-2.0%	0.9%	-1.9%
EUR	17.8 mg	-1.4%	-0.8%	-12.8%
JPY	0.130 mg	-2.4%	0.4%	-17.7%
CNY	2.57 mg	-1.5%	0.1%	-3.2%

Digital Token Watch 2022-08-05

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	408.50 g	-3.3%	15.3%	-42.1%
Ethereum (ETH)	30.38 g	-0.8%	53.5%	-34.4%
Crypto Index (CCi30)	5,833.73 g	0.6%	29.6%	-49.7%

Bond Watch 2022-08-05

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.45 g	-1.7%	-0.5%	-2.4%
US 20+ Year (TLT)	2.04 g	-1.8%	-0.1%	-20.1%

Equity Watch 2022-08-05

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	575.39 g	-1.2%	5.9%	-5.0%
S&P 500	72.71 g	-0.8%	8.1%	-5.0%
Nikkei 225	3.65 g	-1.0%	7.1%	-16.4%
Euro STOXX (FEZ)	0.64 g	-1.1%	8.7%	-22.3%
HUI	3.59 g	-2.4%	-5.5%	-22.1%

Commodity Watch 2022-08-05

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.561 g/bbl	-10.8%	-10.6%	30.8%
Platinum	16.31 g/oz	3.4%	7.1%	-6.8%
Palladium	36.76 g/oz	-1.0%	10.4%	-19.4%
Silver	0.352 g/oz	-1.1%	1.0%	-20.0%
Copper	62.3 mg/lb	-2.2%	3.1%	-17.0%
Coffee	36.7 mg/lb	-4.6%	-6.8%	20.2%
Cotton	17.8 mg/lb	-2.5%	0.2%	13.9%