

National Currency Watch 2022-05-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	17.0 mg	-1.2%	6.3%	2.4%
CAD	13.2 mg	-0.3%	3.5%	-3.7%
EUR	17.9 mg	0.3%	3.3%	-11.5%
JPY	0.132 mg	-0.2%	6.0%	-12.9%
CNY	2.52 mg	0.5%	0.6%	-2.0%

Digital Token Watch 2022-05-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	495.17 g	-1.5%	-25.0%	-26.7%
Ethereum (ETH)	33.26 g	-3.8%	-32.3%	-17.9%
Crypto Index (CCI30)	5,968.72 g	-3.3%	-40.0%	-58.8%

Bond Watch 2022-05-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.41 g	-1.1%	6.6%	-0.9%
US 20+ Year (TLT)	2.01 g	0.9%	3.7%	-10.0%

Equity Watch 2022-05-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	530.12 g	-4.1%	-5.5%	-6.1%
S&P 500	66.16 g	-4.2%	-7.0%	-3.9%
Nikkei 225	3.54 g	1.0%	4.2%	-17.1%
Euro STOXX (FEZ)	0.64 g	-0.8%	-1.2%	-19.4%
HUI	4.35 g	2.3%	-16.3%	-18.5%

Commodity Watch 2022-05-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.920 g/bbl	1.2%	17.8%	87.2%
Platinum	16.28 g/oz	0.5%	3.6%	-18.0%
Palladium	33.98 g/oz	2.4%	-11.4%	-28.2%
Silver	0.374 g/oz	4.4%	-7.1%	-18.7%
Copper	72.5 mg/lb	1.1%	-2.3%	-4.2%
Coffee	36.6 mg/lb	0.1%	4.9%	46.4%
Cotton	24.1 mg/lb	-3.2%	7.7%	78.7%