

National Currency Watch 2022-05-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	16.5 mg	1.5%	2.5%	-3.7%
CAD	12.8 mg	0.8%	-0.5%	-8.8%
EUR	17.5 mg	1.9%	-0.6%	-15.5%
JPY	0.127 mg	0.9%	-2.7%	-19.4%
CNY	2.48 mg	0.7%	-2.1%	-6.9%

Digital Token Watch 2022-05-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	595.53 g	-5.2%	-14.5%	-38.4%
Ethereum (ETH)	44.53 g	-2.8%	-18.4%	-27.6%
Crypto Index (CCI30)	8,557.25 g	-4.6%	-18.4%	-59.4%

Bond Watch 2022-05-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.37 g	1.6%	2.3%	-7.2%
US 20+ Year (TLT)	1.88 g	-3.2%	-8.4%	-20.5%

Equity Watch 2022-05-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	543.62 g	1.3%	-2.2%	-8.3%
S&P 500	68.13 g	1.3%	-5.6%	-5.5%
Nikkei 225	3.42 g	1.5%	-3.9%	-25.8%
Euro STOXX (FEZ)	0.61 g	-0.5%	-4.7%	-24.3%
HUI	4.53 g	-1.5%	-9.8%	-11.0%

Commodity Watch 2022-05-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.814 g/bbl	6.5%	17.0%	63.4%
Platinum	15.96 g/oz	5.2%	2.9%	-24.5%
Palladium	34.83 g/oz	-7.4%	-3.5%	-30.3%
Silver	0.372 g/oz	-2.6%	-5.0%	-19.0%
Copper	70.2 mg/lb	-1.7%	-8.1%	-11.1%
Coffee	35.0 mg/lb	-3.5%	-4.7%	32.1%
Cotton	23.7 mg/lb	-4.3%	8.5%	52.7%