

National Currency Watch 2019-12-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	20.5 mg	-2.2%	-3.6%	-15.6%
CAD	15.8 mg	-0.7%	-1.3%	-11.1%
EUR	23.0 mg	-1.0%	-1.9%	-17.1%
JPY	0.189 mg	-1.6%	-2.9%	-14.8%
CNY	2.92 mg	-1.6%	-3.5%	-17.6%

Digital Token Watch 2019-12-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	147.71 g	-3.9%	-6.6%	62.3%
Ethereum (ETH)	2.66 g	-1.7%	-18.1%	-21.8%

Bond Watch 2019-12-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.74 g	-2.0%	-3.5%	-12.8%
US 20+ Year (TLT)	2.78 g	-3.1%	-6.7%	-3.6%

Equity Watch 2019-12-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	586.00 g	-2.1%	-1.9%	3.3%
S&P 500	66.34 g	-1.9%	-0.8%	8.8%
Nikkei 225	4.46 g	-2.6%	-1.6%	1.1%
Euro STOXX (FEZ)	0.84 g	-1.6%	-1.0%	3.5%
HUI	4.97 g	0.5%	8.6%	27.2%

Commodity Watch 2019-12-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.27 g/bbl	-1.5%	7.8%	14.7%
Platinum	19.94 g/oz	3.7%	4.7%	3.3%
Palladium	39.42 g/oz	1.4%	1.0%	28.4%
Silver	0.371 g/oz	0.4%	2.5%	-0.4%
Copper	57.4 mg/lb	-3.2%	1.3%	-10.2%
Coffee	26.6 mg/lb	-1.9%	5.0%	7.5%
Cotton	14.2 mg/lb	-1.7%	1.8%	-19.2%