

**National Currency Watch** 2019-05-03

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	24.3 mg	0.4%	0.9%	2.9%
CAD	18.1 mg	0.8%	0.2%	-1.2%
EUR	27.2 mg	0.7%	0.6%	-3.7%
JPY	0.219 mg	0.7%	1.2%	0.8%
CNY	3.56 mg	0.0%	0.6%	-3.9%

**Digital Token Watch** 2019-05-03

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	140.33 g	9.7%	17.1%	-39.1%
Ethereum (ETH)	4.09 g	7.9%	3.4%	-75.1%

**Bond Watch** 2019-05-03

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	2.05 g	1.0%	1.7%	6.6%
US 20+ Year (TLT)	3.03 g	1.1%	1.9%	10.9%

**Equity Watch** 2019-05-03

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	648.65 g	0.9%	2.6%	14.6%
S&P 500	72.08 g	1.2%	4.1%	15.9%
Nikkei 225	4.83 g	0.0%	3.0%	-0.8%
Euro STOXX FEZ	0.94 g	2.2%	4.0%	-4.2%
HUI	3.75 g	-3.5%	-6.9%	-12.5%

**Commodity Watch** 2019-05-03

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.52 g/bbl	-1.1%	0.7%	-6.3%
Platinum	20.80 g/oz	-3.4%	0.1%	-2.5%
Palladium	33.06 g/oz	-4.6%	-2.4%	44.0%
Silver	0.357 g/oz	-1.9%	-2.5%	-8.5%
Copper	69.1 mg/lb	-1.2%	-2.7%	-4.5%
Coffee	22.2 mg/lb	-2.7%	-3.5%	-24.6%
Cotton	18.5 mg/lb	-1.6%	-0.3%	-7.3%