

**National Currency Watch** 2018-08-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	25.6 mg	0.2%	3.3%	5.8%
CAD	19.6 mg	-0.6%	3.6%	2.7%
EUR	29.3 mg	-1.2%	0.7%	2.9%
JPY	0.231 mg	0.6%	3.8%	4.5%
CNY	3.74 mg	0.2%	0.4%	3.0%

**Digital Token Watch** 2018-08-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	158.40 g	-16.7%	0.9%	93.5%
Ethereum (ETH)	8.56 g	-20.0%	-27.1%	18.2%

**Bond Watch** 2018-08-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	2.13 g	0.3%	3.5%	5.6%
US 20+ Year (TLT)	3.09 g	1.4%	2.4%	3.5%

**Equity Watch** 2018-08-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	648.33 g	-0.4%	4.9%	22.6%
S&P 500	72.57 g	-0.1%	4.7%	22.9%
Nikkei 225	5.16 g	-0.5%	4.2%	18.1%
Euro STOXX FEZ	0.97 g	-3.2%	-1.1%	2.3%
HUI	4.10 g	-2.7%	-8.1%	-14.1%

**Commodity Watch** 2018-08-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.73 g/bbl	-1.1%	-5.8%	47.2%
Platinum	21.21 g/oz	-0.3%	1.4%	-10.8%
Palladium	23.33 g/oz	-0.8%	-1.0%	6.6%
Silver	0.394 g/oz	0.3%	-0.3%	-4.8%
Copper	70.0 mg/lb	-0.6%	-0.3%	-0.6%
Coffee	27.4 mg/lb	-0.5%	-3.8%	-18.3%
Cotton	21.8 mg/lb	-3.1%	1.9%	32.3%