

Currency Watch		2014-07-18			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
USD	23.8 mg	2.2%	-2.9%	-1.8%	
CAD	22.1 mg	1.4%	-1.8%	-5.0%	
EUR	32.2 mg	1.5%	-3.1%	1.1%	
JPY	0.234 mg	2.2%	-2.4%	-3.8%	
BTC	14,891.1 mg	2.2%	-0.1%	575.6%	

Bond Watch		2014-07-18			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
1-3 Year (SHY)	2.01 g	2.2%	-2.9%	-1.4%	
20+ Year (TLT)	2.72 g	3.1%	-0.8%	7.8%	

Equity Watch		2014-07-18			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
DJIA	406.87 g	3.2%	-1.8%	8.0%	
S&P 500	47.07 g	2.8%	-1.8%	14.9%	
Nikkei 225	3.57 g	2.5%	-1.7%	-1.2%	
HUI	5.78 g	0.5%	4.5%	3.6%	

Commodity Watch		2014-07-18			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Crude Oil	2.45 g/bbl	4.6%	-5.5%	-6.3%	
Platinum	35.62 g/oz	1.6%	0.2%	4.0%	
Silver	0.498 g/oz	0.0%	3.1%	5.5%	
Copper	75.9 mg/lb	-0.3%	1.0%	0.0%	
Coffee	41.0 mg/lb	9.2%	0.4%	33.1%	
Cotton	16.1 mg/lb	0.8%	-27.8%	-21.8%	