

Currency Watch		2014-05-23			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	USD	24.1 mg	0.0%	-0.5%	6.9%
	CAD	22.1 mg	-0.3%	0.5%	1.0%
	EUR	32.9 mg	-0.2%	-1.4%	13.4%
	JPY	0.237 mg	0.2%	0.5%	7.9%
	BTC	12,806.3 mg	18.5%	8.1%	353.5%

Bond Watch		2014-05-23			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	1-3 Year (SHY)	2.04 g	0.0%	-0.3%	7.4%
	20+ Year (TLT)	2.71 g	-0.7%	1.3%	6.3%

Equity Watch		2014-05-23			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	DJIA	399.93 g	0.7%	0.1%	16.1%
	S&P 500	45.77 g	1.2%	0.9%	23.1%
	Nikkei 225	3.43 g	2.8%	-0.1%	7.7%
	HUI	5.21 g	-0.4%	-5.3%	-10.8%

Commodity Watch		2014-05-23			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	Crude Oil	2.51 g/bbl	2.3%	2.4%	18.3%
	Platinum	35.72 g/oz	1.3%	5.4%	8.9%
	Silver	0.468 g/oz	0.5%	-0.7%	-7.6%
	Copper	76.2 mg/lb	0.7%	3.1%	2.1%
	Coffee	43.8 mg/lb	-1.7%	-14.8%	49.5%
	Cotton	20.8 mg/lb	-3.9%	-7.5%	12.8%