

Currency Watch		2014-03-21			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	USD	23.3 mg	3.7%	-1.0%	20.8%
	CAD	20.7 mg	2.1%	-2.4%	10.2%
	EUR	32.1 mg	2.8%	-0.4%	29.2%
	JPY	0.227 mg	3.7%	-1.2%	12.5%
	BTC	13,484.6 mg	-5.3%	1.9%	912.9%

Bond Watch		2014-03-21			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	1-3 Year (SHY)	1.96 g	3.5%	-1.1%	21.1%
	20+ Year (TLT)	2.52 g	3.4%	0.5%	15.2%

Equity Watch		2014-03-21			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	DJIA	383.20 g	6.2%	1.2%	37.9%
	S&P 500	43.45 g	5.1%	0.7%	45.9%
	Nikkei 225	3.23 g	3.0%	-5.5%	26.6%
	HUI	5.50 g	-5.2%	-4.8%	-21.3%

Commodity Watch		2014-03-21			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	Crude Oil	2.32 g/bbl	4.3%	-3.6%	29.9%
	Platinum	33.50 g/oz	0.9%	0.2%	9.8%
	Silver	0.478 g/oz	-0.3%	-6.4%	-14.1%
	Copper	68.6 mg/lb	3.9%	-11.2%	3.4%
	Coffee	39.8 mg/lb	-10.3%	0.6%	54.6%
	Cotton	21.7 mg/lb	4.9%	6.1%	27.8%