

Currency Watch		2014-03-07			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	USD	23.3 mg	-0.7%	-5.7%	18.3%
	CAD	21.1 mg	0.4%	-5.2%	10.4%
	EUR	32.1 mg	0.0%	-4.2%	24.9%
	JPY	0.227 mg	-1.2%	-6.7%	7.6%
	BTC	14,806.7 mg	11.9%	-14.7%	1,737.1%

Bond Watch		2014-03-07			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	1-3 Year (SHY)	1.97 g	-0.8%	-5.8%	18.7%
	20+ Year (TLT)	2.47 g	-3.1%	-6.5%	11.6%

Equity Watch		2014-03-07			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	DJIA	383.25 g	0.1%	-1.8%	35.8%
	S&P 500	43.75 g	0.3%	-1.4%	43.9%
	Nikkei 225	3.46 g	1.7%	-1.5%	37.3%
	HUI	5.65 g	1.3%	4.6%	-18.0%

Commodity Watch		2014-03-07			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	Crude Oil	2.39 g/bbl	-0.7%	-3.1%	32.5%
	Platinum	34.34 g/oz	0.6%	0.8%	9.3%
	Silver	0.498 g/oz	-0.1%	1.5%	-12.8%
	Copper	71.8 mg/lb	-3.9%	-10.4%	3.5%
	Coffee	45.7 mg/lb	8.3%	36.2%	62.8%
	Cotton	21.3 mg/lb	4.7%	-1.6%	24.8%