

Currency Watch		2013-11-29			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	USD	24.8 mg	-0.5%	7.7%	37.7%
	CAD	23.5 mg	-1.7%	6.2%	29.3%
	EUR	33.7 mg	0.6%	6.0%	44.8%
	JPY	0.243 mg	-2.0%	2.9%	10.3%
	BTC	28,881.6 mg	53.8%	493.0%	12,786.3%

Bond Watch		2013-11-29			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	1-3 Year (SHY)	2.10 g	-0.5%	7.8%	38.3%
	20+ Year (TLT)	2.59 g	0.0%	4.4%	18.2%

Equity Watch		2013-11-29			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	DJIA	399.32 g	-0.4%	10.5%	70.1%
	S&P 500	44.83 g	-0.5%	9.7%	75.6%
	Nikkei 225	3.80 g	-0.2%	12.5%	83.8%
	HUI	5.19 g	-0.7%	-7.0%	-36.7%

Commodity Watch		2013-11-29			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	Crude Oil	2.30 g/bbl	-2.8%	1.7%	44.9%
	Platinum	34.16 g/oz	-2.0%	1.1%	16.9%
	Silver	0.495 g/oz	-0.5%	-3.8%	-18.7%
	Copper	79.6 mg/lb	-1.0%	5.4%	22.7%
	Coffee	27.4 mg/lb	2.4%	11.0%	3.9%
	Cotton	19.4 mg/lb	3.3%	7.4%	49.9%