

Currency Watch		2013-08-30			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	USD	22.3 mg	-1.2%	-5.1%	19.1%
	CAD	21.2 mg	-1.3%	-7.2%	12.0%
	EUR	29.6 mg	-1.7%	-5.0%	26.0%
	JPY	0.228 mg	-0.9%	-5.2%	-4.5%
	BTC	3,038.9 mg	12.5%	24.6%	1,407.8%

Bond Watch		2013-08-30			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	1-3 Year (SHY)	1.88 g	-1.2%	-5.2%	19.1%
	20+ Year (TLT)	2.36 g	0.4%	-6.0%	2.5%

Equity Watch		2013-08-30			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	DJIA	330.28 g	-2.6%	-9.4%	35.6%
	S&P 500	36.42 g	-3.0%	-8.0%	38.9%
	Nikkei 225	3.05 g	-2.9%	-8.5%	42.3%
	HUI	5.66 g	-8.1%	-3.6%	-31.6%

Commodity Watch		2013-08-30			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	Crude Oil	2.40 g/bbl	-0.1%	-0.9%	35.4%
	Platinum	33.76 g/oz	-2.8%	-0.1%	18.4%
	Silver	0.527 g/oz	1.2%	14.0%	-8.2%
	Copper	72.2 mg/lb	-4.6%	1.1%	12.0%
	Coffee	25.0 mg/lb	-2.1%	-11.5%	-18.1%
	Cotton	18.7 mg/lb	-1.9%	-7.0%	34.4%