

Currency Watch		2013-08-16			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	USD	22.7 mg	-4.4%	-5.7%	17.2%
	CAD	22.0 mg	-3.8%	-4.9%	12.5%
	EUR	30.2 mg	-4.9%	-4.0%	26.5%
	JPY	0.232 mg	-5.8%	-4.0%	-5.6%
	BTC	2,492.1 mg	1.6%	5.4%	871.7%

Bond Watch		2013-08-16			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	1-3 Year (SHY)	1.92 g	-4.5%	-5.7%	17.4%
	20+ Year (TLT)	2.35 g	-7.9%	-10.1%	2.4%

Equity Watch		2013-08-16			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	DJIA	342.59 g	-6.5%	-7.9%	33.4%
	S&P 500	37.61 g	-6.4%	-6.8%	37.1%
	Nikkei 225	3.17 g	-5.6%	-10.2%	41.8%
	HUI	6.16 g	7.9%	7.9%	-27.6%

Commodity Watch		2013-08-16			
			Change from		
		Price in Gold	Week ago	Month ago	Year ago
	Crude Oil	2.44 g/bbl	-3.1%	-4.4%	31.7%
	Platinum	34.62 g/oz	-2.3%	0.8%	27.6%
	Silver	0.519 g/oz	7.5%	7.9%	-3.9%
	Copper	76.4 mg/lb	-2.9%	-0.1%	16.5%
	Coffee	27.4 mg/lb	-6.3%	-9.5%	-11.1%
	Cotton	21.2 mg/lb	0.3%	4.0%	51.2%