

Currency Watch		2013-03-08		
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	19.7 mg	0.0%	5.5%	6.8%
CAD	19.1 mg	-0.6%	1.9%	-4.9%
EUR	25.6 mg	-0.7%	1.8%	6.0%
JPY	0.209 mg	-2.0%	4.7%	-8.4%
BTC	848.7 mg	26.1%	103.0%	846.9%

Bond Watch		2013-03-08		
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
1-3 Year (SHY)	1.66 g	0.0%	5.5%	7.3%
20+ Year (TLT)	2.26 g	-3.5%	3.3%	8.5%

Equity Watch		2013-03-08		
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	283.10 g	2.2%	8.5%	19.2%
S&P 500	30.50 g	2.2%	7.8%	21.3%
Nikkei 225	2.56 g	3.7%	15.3%	15.2%
HUI	6.89 g	-0.4%	-8.4%	-26.5%

Commodity Watch		2013-03-08		
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.81 g/bbl	1.4%	1.3%	-7.8%
Silver	0.566 g/oz	2.8%	-3.7%	-9.8%
Copper	69.1 mg/lb	0.1%	-1.4%	-1.1%
Coffee	28.2 mg/lb	0.3%	7.2%	-19.1%
Cotton	17.1 mg/lb	3.9%	10.8%	3.7%