

Currency Watch		2013-03-01		
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	19.7 mg	-0.4%	5.5%	8.3%
CAD	19.2 mg	-1.0%	3.1%	4.8%
EUR	25.8 mg	-1.2%	2.0%	5.8%
JPY	0.213 mg	0.7%	4.0%	-5.4%
BTC	673.1 mg	12.0%	74.2%	650.8%

Bond Watch		2013-03-01		
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
1-3 Year (SHY)	1.66 g	-0.3%	5.6%	8.8%
20+ Year (TLT)	2.34 g	1.2%	8.8%	14.0%

Equity Watch		2013-03-01		
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	276.97 g	0.3%	6.1%	17.6%
S&P 500	29.84 g	-0.2%	5.8%	19.7%
Nikkei 225	2.47 g	2.6%	7.9%	13.1%
HUI	6.92 g	-2.5%	-7.2%	-28.6%

Commodity Watch		2013-03-01		
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.78 g/bbl	-3.0%	-2.2%	-9.7%
Silver	0.551 g/oz	-3.1%	-6.0%	-12.2%
Copper	69.1 mg/lb	-1.1%	-1.9%	-3.3%
Coffee	28.1 mg/lb	-0.5%	1.9%	-24.1%
Cotton	16.4 mg/lb	2.4%	6.4%	2.5%