

National Currency Watch 2025-04-18

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	9.4 mg	-2.3%	-8.5%	-27.9%	-48.8%	
CAD	6.8 mg	-1.6%	-5.6%	-28.4%	-48.1%	
EUR	10.7 mg	-2.3%	-4.6%	-23.1%	-46.6%	
JPY	0.066 mg	-1.0%	-3.7%	-21.5%	-61.2%	
CNY	1.27 mg	-3.7%	-11.3%	-28.8%	-52.7%	

Digital Token Watch 2025-04-18

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	794.45 g	-1.1%	-6.6%	-4.1%	495.7%	
Ethereum (ETH)	14.95 g	-1.0%	-24.7%	-62.6%	374.1%	
Crypto Index (CCi30)	5,106.08 g	-2.5%	-14.3%	-31.8%	149.2%	

Bond Watch 2025-04-18

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	0.78 g	-1.9%	-7.8%	-23.7%	-47.1%	
US 20+ Year (TLT)	0.82 g	-1.6%	-11.7%	-26.4%	-71.2%	

Equity Watch 2025-04-18

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	368.30 g	-4.9%	-13.8%	-25.3%	-17.3%	
S&P 500	49.71 g	-3.7%	-13.9%	-24.0%	-5.9%	
Nikkei 225	2.33 g	3.4%	-10.7%	-27.6%	-31.6%	
Euro STOXX (FEZ)	0.506 g	-0.4%	-14.2%	-22.8%	-10.3%	
HUI	3.76 g	0.1%	3.1%	10.7%	-16.3%	

Commodity Watch 2025-04-18

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	0.609 g/bbl	2.8%	-11.5%	-43.6%	81.3%	
Platinum	9.02 g/oz	-0.2%	-12.3%	-26.6%	-37.0%	
Palladium	8.95 g/oz	0.6%	-9.9%	-34.5%	-77.4%	
Silver	0.304 g/oz	1.0%	-13.2%	-18.2%	9.1%	
Copper	44.5 mg/lb	2.6%	-13.3%	-23.2%	3.5%	
Coffee	35.3 mg/lb	2.6%	-11.2%	12.8%	65.7%	
Cotton	6.24 mg/lb	-1.6%	-8.7%	-38.8%	-35.7%	