

National Currency Watch 2025-02-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	11.0 mg	3.5%	-2.9%	-28.3%	-43.2%	
CAD	7.6 mg	1.9%	-3.2%	-32.6%	-47.2%	
EUR	11.4 mg	2.9%	-3.2%	-31.2%	-46.2%	
JPY	0.073 mg	2.7%	0.5%	-28.1%	-59.3%	
CNY	1.49 mg	1.6%	-4.2%	-28.6%	-45.2%	

Digital Token Watch 2025-02-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	926.58 g	-9.1%	-19.1%	-3.2%	453.0%	
Ethereum (ETH)	24.53 g	-13.0%	-29.5%	-52.6%	474.5%	
Crypto Index (CCi30)	6,766.22 g	-8.5%	-26.3%	-21.9%	159.4%	

Bond Watch 2025-02-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	0.91 g	4.0%	-2.2%	-25.0%	-41.1%	
US 20+ Year (TLT)	1.01 g	6.8%	1.8%	-26.9%	-63.5%	

Equity Watch 2025-02-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	481.07 g	4.5%	-5.1%	-19.3%	-2.0%	
S&P 500	65.34 g	2.5%	-4.7%	-15.8%	14.5%	
Nikkei 225	2.71 g	-1.6%	-4.3%	-31.9%	-28.4%	
Euro STOXX (FEZ)	0.593 g	2.8%	1.1%	-23.5%	-14.6%	
HUI	3.43 g	0.9%	0.5%	12.7%	-17.6%	

Commodity Watch 2025-02-28

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	0.765 g/bbl	2.6%	-8.2%	-36.3%	-11.5%	
Platinum	10.50 g/oz	1.5%	-1.1%	-22.4%	-37.6%	
Palladium	10.07 g/oz	-2.8%	-7.1%	-28.3%	-80.8%	
Silver	0.342 g/oz	-2.1%	0.3%	-0.1%	2.9%	
Copper	49.5 mg/lb	2.5%	3.8%	-15.4%	0.7%	
Coffee	41.6 mg/lb	-1.9%	2.9%	40.6%	93.3%	
Cotton	7.01 mg/lb	0.1%	-7.4%	-55.6%	-41.0%	