

National Currency Watch 2024-11-15

	Price in Gold	Change from				
		Week ago	Month ago	Year ago	5 Years ago	
USD	12.1 mg	4.6%	3.0%	-23.9%	-43.0%	
CAD	8.6 mg	3.4%	0.9%	-26.1%	-46.4%	
EUR	12.8 mg	3.1%	-0.2%	-26.0%	-45.6%	
JPY	0.078 mg	3.5%	-0.2%	-25.4%	-59.8%	
CNY	1.69 mg	3.7%	1.4%	-20.4%	-44.1%	

Digital Token Watch 2024-11-15

	Price in Gold	Change from				
		Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	1,099.93 g	24.3%	39.9%	82.7%	510.9%	
Ethereum (ETH)	37.42 g	9.3%	22.5%	19.6%	848.6%	
Crypto Index (CCi30)	8,526.33 g	28.8%	38.2%	41.9%	242.3%	

Bond Watch 2024-11-15

	Price in Gold	Change from				
		Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	0.99 g	4.6%	2.7%	-20.4%	-40.9%	
US 20+ Year (TLT)	1.09 g	1.9%	-2.2%	-19.9%	-59.6%	

Equity Watch 2024-11-15

	Price in Gold	Change from				
		Week ago	Month ago	Year ago	5 Years ago	
DJIA	525.43 g	3.3%	4.7%	-5.5%	-11.5%	
S&P 500	71.00 g	2.5%	4.0%	-0.7%	7.3%	
Nikkei 225	3.03 g	1.3%	-3.4%	-14.0%	-33.3%	
Euro STOXX (FEZ)	0.58 g	2.1%	-3.2%	-18.0%	-31.2%	
HUI	3.45 g	-4.4%	-9.4%	0.1%	-22.6%	

Commodity Watch 2024-11-15

	Price in Gold	Change from				
		Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	0.811 g/bbl	-0.4%	-2.2%	-33.4%	-33.8%	
Platinum	11.42 g/oz	0.1%	-0.7%	-19.9%	-39.0%	
Palladium	11.50 g/oz	-1.8%	-3.0%	-29.1%	-68.6%	
Silver	0.371 g/oz	1.7%	1.4%	-0.3%	3.7%	
Copper	49.0 mg/lb	-1.1%	-3.0%	-17.0%	-12.4%	
Coffee	34.1 mg/lb	16.4%	13.1%	18.7%	51.4%	
Cotton	8.1 mg/lb	-1.5%	-2.6%	-35.1%	-41.3%	