

National Currency Watch 2024-09-20

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
USD	11.9 mg	-1.2%	-2.9%	-25.4%	-42.4%
CAD	8.8 mg	-0.9%	-2.4%	-26.2%	-43.6%
EUR	13.3 mg	-0.4%	-2.4%	-22.4%	-41.5%
JPY	0.083 mg	-3.2%	-1.8%	-23.5%	-56.7%
CNY	1.71 mg	-0.5%	-2.3%	-19.1%	-41.1%

Digital Token Watch 2024-09-20

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	753.50 g	2.9%	3.8%	73.6%	257.4%
Ethereum (ETH)	30.53 g	3.4%	-3.6%	15.5%	565.6%
Crypto Index (CCi30)	5,985.41 g	1.7%	-0.1%	36.8%	119.4%

Bond Watch 2024-09-20

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.99 g	-1.1%	-1.9%	-20.5%	-39.3%
US 20+ Year (TLT)	1.18 g	-2.7%	-2.7%	-18.2%	-56.4%

Equity Watch 2024-09-20

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
DJIA	502.07 g	0.4%	0.0%	-8.9%	-10.0%
S&P 500	68.07 g	0.2%	-1.1%	-3.4%	9.8%
Nikkei 225	3.13 g	-0.2%	-2.7%	-12.6%	-26.1%
Euro STOXX (FEZ)	0.62 g	0.1%	-2.2%	-10.3%	-21.0%
HUI	3.92 g	-1.1%	-0.6%	7.2%	-13.2%

Commodity Watch 2024-09-20

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.847 g/bbl	2.2%	-5.8%	-40.9%	-29.6%
Platinum	11.79 g/oz	-2.0%	-0.1%	-21.9%	-39.4%
Palladium	12.74 g/oz	-0.6%	10.0%	-38.4%	-62.6%
Silver	0.374 g/oz	3.3%	2.1%	0.3%	0.9%
Copper	51.1 mg/lb	1.3%	0.2%	-14.8%	-5.3%
Coffee	29.9 mg/lb	-5.4%	-2.4%	18.2%	46.9%
Cotton	8.6 mg/lb	2.7%	1.9%	-36.9%	-31.2%