

National Currency Watch 2024-08-02

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	12.6 mg	-3.4%	-5.6%	-21.3%	-41.6%	
CAD	9.1 mg	-3.7%	-6.7%	-24.3%	-44.3%	
EUR	13.7 mg	-3.0%	-4.0%	-21.6%	-42.6%	
JPY	0.086 mg	1.2%	3.9%	-23.3%	-57.6%	
CNY	1.75 mg	-2.8%	-3.9%	-20.0%	-43.5%	

Digital Token Watch 2024-08-02

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	773.32 g	-12.7%	-6.6%	65.8%	240.8%	
Ethereum (ETH)	37.57 g	-12.1%	-17.6%	25.8%	680.2%	
Crypto Index (CCi30)	6,444.35 g	-13.4%	-12.9%	31.9%	105.5%	

Bond Watch 2024-08-02

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.04 g	-2.4%	-3.8%	-16.8%	-39.2%	
US 20+ Year (TLT)	1.24 g	2.1%	2.4%	-17.8%	-54.4%	

Equity Watch 2024-08-02

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	500.42 g	-5.4%	-4.6%	-11.3%	-12.4%	
S&P 500	67.33 g	-5.4%	-8.4%	-6.8%	6.4%	
Nikkei 225	3.08 g	-3.5%	-6.9%	-15.7%	-27.9%	
Euro STOXX (FEZ)	0.61 g	-7.2%	-9.2%	-15.8%	-22.6%	
HUI	3.69 g	-3.2%	3.6%	1.4%	-18.0%	

Commodity Watch 2024-08-02

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	0.926 g/bbl	-7.9%	-16.2%	-27.2%	-22.9%	
Platinum	12.24 g/oz	0.3%	-7.7%	-17.6%	-32.5%	
Palladium	11.38 g/oz	-3.8%	-15.2%	-42.8%	-62.0%	
Silver	0.365 g/oz	0.8%	-6.8%	-6.6%	4.3%	
Copper	51.4 mg/lb	-3.9%	-13.0%	-16.0%	-7.2%	
Coffee	29.0 mg/lb	-3.3%	-5.0%	8.7%	37.1%	
Cotton	8.5 mg/lb	-1.8%	-8.5%	-37.8%	-34.0%	