

National Currency Watch 2024-06-07

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	13.5 mg	1.6%	0.4%	-14.9%	-42.0%	
CAD	9.8 mg	0.9%	0.1%	-17.3%	-43.9%	
EUR	14.5 mg	1.2%	0.7%	-14.1%	-44.7%	
JPY	0.086 mg	2.0%	-1.0%	-24.1%	-60.0%	
CNY	1.79 mg	-1.2%	-2.6%	-19.6%	-46.6%	

Digital Token Watch 2024-06-07

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	933.12 g	4.4%	11.6%	124.0%	400.0%	
Ethereum (ETH)	49.52 g	-0.6%	22.5%	65.7%	752.4%	
Crypto Index (CCi30)	8,360.06 g	1.7%	8.3%	87.3%	122.6%	

Bond Watch 2024-06-07

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.09 g	1.7%	0.7%	-12.0%	-40.8%	
US 20+ Year (TLT)	1.23 g	2.8%	1.2%	-20.3%	-56.4%	

Equity Watch 2024-06-07

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	522.24 g	1.9%	0.2%	-1.9%	-13.4%	
S&P 500	71.97 g	3.0%	3.5%	6.7%	8.0%	
Nikkei 225	3.32 g	2.5%	-1.4%	-8.0%	-25.9%	
Euro STOXX (FEZ)	0.71 g	1.9%	2.2%	1.2%	-18.8%	
HUI	3.54 g	-4.2%	-0.8%	-8.1%	-9.6%	

Commodity Watch 2024-06-07

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	1.017 g/bbl	-0.3%	-3.3%	-11.3%	-18.8%	
Platinum	13.20 g/oz	-4.9%	1.0%	-19.3%	-29.2%	
Palladium	12.34 g/oz	-1.8%	-5.8%	-44.7%	-60.8%	
Silver	0.407 g/oz	-1.6%	11.4%	9.3%	17.8%	
Copper	60.5 mg/lb	-0.9%	-2.5%	1.9%	-0.6%	
Coffee	30.3 mg/lb	2.7%	13.4%	3.2%	29.2%	
Cotton	9.9 mg/lb	-1.5%	-3.7%	-26.0%	-34.7%	