

National Currency Watch 2024-04-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	13.5 mg	-3.7%	-7.1%	-11.6%	-43.9%
CAD	10.0 mg	-4.0%	-7.2%	-12.4%	-44.8%
EUR	14.7 mg	-3.3%	-7.3%	-12.3%	-45.9%
JPY	0.089 mg	-3.8%	-8.1%	-23.7%	-58.7%
CNY	1.85 mg	-2.2%	-8.2%	-18.5%	-47.7%

Digital Token Watch 2024-04-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	919.87 g	-6.3%	-1.8%	113.2%	656.6%
Ethereum (ETH)	44.93 g	-9.0%	-13.9%	55.2%	1,072.7%
Crypto Index (CCi30)	8,850.00 g	-10.3%	-1.4%	79.2%	199.6%

Bond Watch 2024-04-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.10 g	-3.8%	-7.1%	-9.7%	-42.3%
US 20+ Year (TLT)	1.30 g	-2.2%	-6.5%	-19.2%	-52.9%

Equity Watch 2024-04-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	526.44 g	-5.8%	-6.4%	2.7%	-17.5%
S&P 500	70.42 g	-4.6%	-4.8%	12.4%	0.8%
Nikkei 225	3.48 g	-7.1%	-10.6%	6.9%	-26.1%
Euro STOXX (FEZ)	0.70 g	-4.7%	-4.9%	2.1%	-22.5%
HUI	3.59 g	3.3%	11.2%	-13.7%	-13.2%

Commodity Watch 2024-04-05

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.176 g/bbl	0.7%	3.3%	-4.7%	-22.8%
Platinum	12.49 g/oz	-2.0%	-3.2%	-19.7%	-42.7%
Palladium	13.53 g/oz	-5.3%	-1.3%	-39.8%	-58.5%
Silver	0.362 g/oz	5.1%	3.9%	-4.4%	-1.2%
Copper	57.4 mg/lb	2.0%	2.4%	-6.3%	-17.7%
Coffee	28.8 mg/lb	8.4%	1.2%	4.2%	27.8%
Cotton	11.7 mg/lb	-9.1%	-15.0%	-6.0%	-38.2%